
Tuesday, August 24, 2010

Today

Welcome to the Glenville Senior Center and lunch catered by the fine people at the Dairy Circus. PP Frank Strauss is providing the entertainment. He recently returned from the World Bagpipe Band Championships in Glasgow, Scotland in which his son J.R. competed. Could it be we'll hear a touch of the bagpipes?

Next Week

The road trip will be over and we'll be back at the Turf Tavern.

Two weeks ago

Introduced by Phil Falconer, Tim Valachovic, owner and trainer at the Glenville Health Fitness Center encourage us to "Get Ready, Get Set and Get Fit." Mr. Valachovic has been a certified fitness instructor for more than 13 years and has operated the Glenville Health Fitness Center for 5 of those years. We can do much good for ourselves if we just get moving. Start by walking, and if that hurts, ride a bike. Increasing one's heart rate strengthens it. If we strengthen our muscles, the bones, tendons and ligaments follow along. Just get moving.

Planning on attending another Rotary Club? Please note: The **Rotterdam Sunrise Club** will **not** have a meeting this Thursday, the 26th, and **Glenville Rotary's** meeting this Friday, the 27th will be at the **Glenville Senior Center**.

PP Jim Buhmaster led the singing of "America." After a moment of silence in honor of Flora Lovell, Jim's wife, PP Anne Phillips gave the invocation. After lunch, PP Jim Buhmaster led our singing of "The Sidewalks of New York." PP Bill Diman, recently retired, introduced the visitors and guests. Ted Lutz was the mystery hand shaker. He awarded the gold dollar to Joe Talbot, partly in honor of his fine hair style.

Nancy Oldow won \$23 in our 25/25/50 drawing. She donated her winnings to the club in memory of Stephanie Albers. Glenville Rotarian Dave Sterman won the chance to win \$63 in the second drawing, but that is all he won.

The Monday Night Football books are available. One has, at the mere cost of \$25 per book, numerous opportunities to win \$50. We hope to sell all 1,000 books we've printed.



OFFICERS 2010-2011

President~~ Cindy Amell, President-Elect~~ Frank Massey, Vice President~~Tiff Yager,

Treasurer ~ ~ Ken Swain, Secretary ~ ~ Doreen Oathout, Sergeant At Arms ~ ~ Mike McLaughlin,

Assistant Secretary ~ ~ Cliff Semerad, Assistant Treasurer ~ ~ Mike Cullen, Editor In Chief ~ ~ Frank Strauss

SCOTIA ROTARY DIRECTORS

Don Bekkering 11 ~ Joe Gallagher 11 ~ Cindi Pytlovany 11 ~ Phil Falconer 12 ~ Joe Talbot 12 ~ Chris Santilli 13 ~ Mike Welshhans 13

The District is desperate need of a host family for a young lady from Venezuela. The host family fell through and no one wants to tell her we have no home for her. Please see Pres. Cindy if interested.

President Cindy and PP Anne Phillips presented baseball caps to members who have belonged to our club for:

- 5 years – Cindy Pytlovany and Susan Swartz
- 10 years – Cindy Amell, John Buhmaster, Dave Moehle and LaDon Roylance
- 15 years – Stephanie Albers and Claudia McLaughlin
- 20 years – Steve Brown, John Eaton, Peg Huff, Ken Hughes and Doreen Oathout
- 25 years – Bruce McConnelee
- 35 years – Arkley Mastro, Frank Strauss and Dave Vroman
- 45 years – Dave Montana
- 50 years – The big winner! Rod Rowledge was given the jacket shown above

REMINDER: PLEASE PAY YOUR DUES

Upcoming events

- Sept. 1. Ronald McDonald House
- Sept. 14. Club picnic, no noon meeting, picnic at 5:00 p.m. at the Beukendaal fire department's pavilion. Rotarians who have joined the club since the last picnic can attend at no charge. There will be no noon meeting on the 14th.
- Sept. 21 Board meeting at 7:00 p.m.
- Sept. 29. Rotary Mixer with Scotia, Glenville and Niskayuna Clubs (evening)
- Oct. 6. Ronald McDonald House

More info on the Rotary mixer:

Scotia, Glenville and Niskayuna Rotarians are invited to a mixer at the Millstone Restaurant on Rte 50 in Burnt Hills (formerly Kristel's Inn) on Wednesday, September 29th, from 6 p.m. to 8 p.m. Included in the price of \$16 per person will be an international cheese display, vegetable display, four passed appetizer dishes, soft drinks, tea and coffee and free raffle prizes. There will be a cash bar. Bring a potential Rotary member (yes, he, she or you pay \$16 too.)

Sign up with Joe Talbot.

Good Will Ambassadors

PDG & PP John Eaton, eClubOne, 8/2
PP Bruce McConnelee, Glenville, 8/13
Paul Morrett, Glenville, 8/13
PP Anne Phillips, Glenville, 8/13

Our club donates to the Rotary Foundation \$1 for every \$3 given by our members to the Foundation. The Club's match for the 2009 - 2010 year was \$3,526 which we recently gave the Rotary Foundation.

Does the president of a club that cancels a meeting during the year ever earn membership in the august body of past presidents?

Rotarily,
RAM

ROTALETTE Staff

Frank Strauss, Editor-in-chief - July / January/September/November
fbsdmd@gmail.com

Claudia McLaughlin - December / May
csmgecko@aol.com

Diana Bennett - February/June
dbennett@thetravelingmuseum.org

Dick Hoskinson - October / March
khoskins@nycap.rr.com

Robert Moore - August / April
bobmoore46er@nycap.rr.com

Make up at e-Club one <http://www.rotaryclubone.org>

Visit Dist 7190 at www.rotary7190.org

Take a look at <http://www.scotiarotary.org>

IF YOU
CAN'T MAKE
THE MEETING,
MAKE UP!



*Remember-you have 14 days before
and 14 days after to make up a
meeting.*